


**Mahatma Gandhi Arts, Science & Late N. P. Commerce College, Armori,  
Dist. Gadchiroli - 441208**

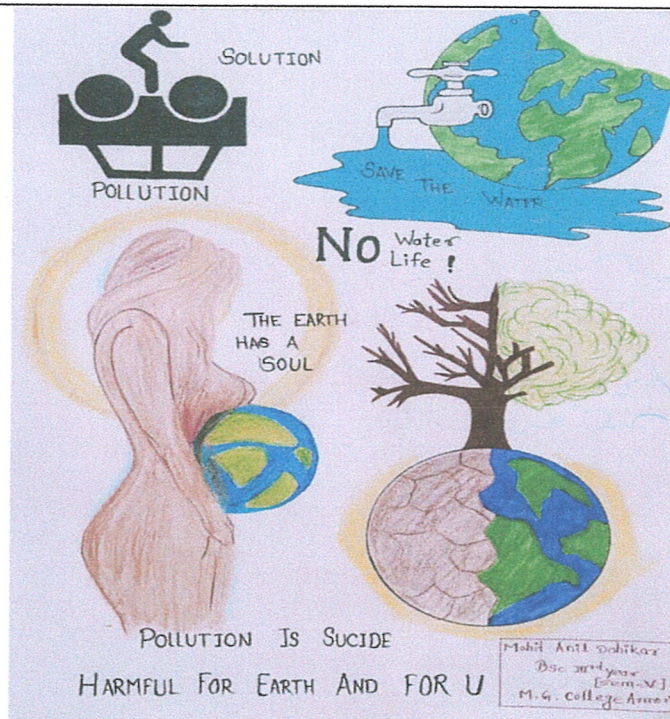
**Report of the Fit India Campaign**

**Academic Year – 2020-21**

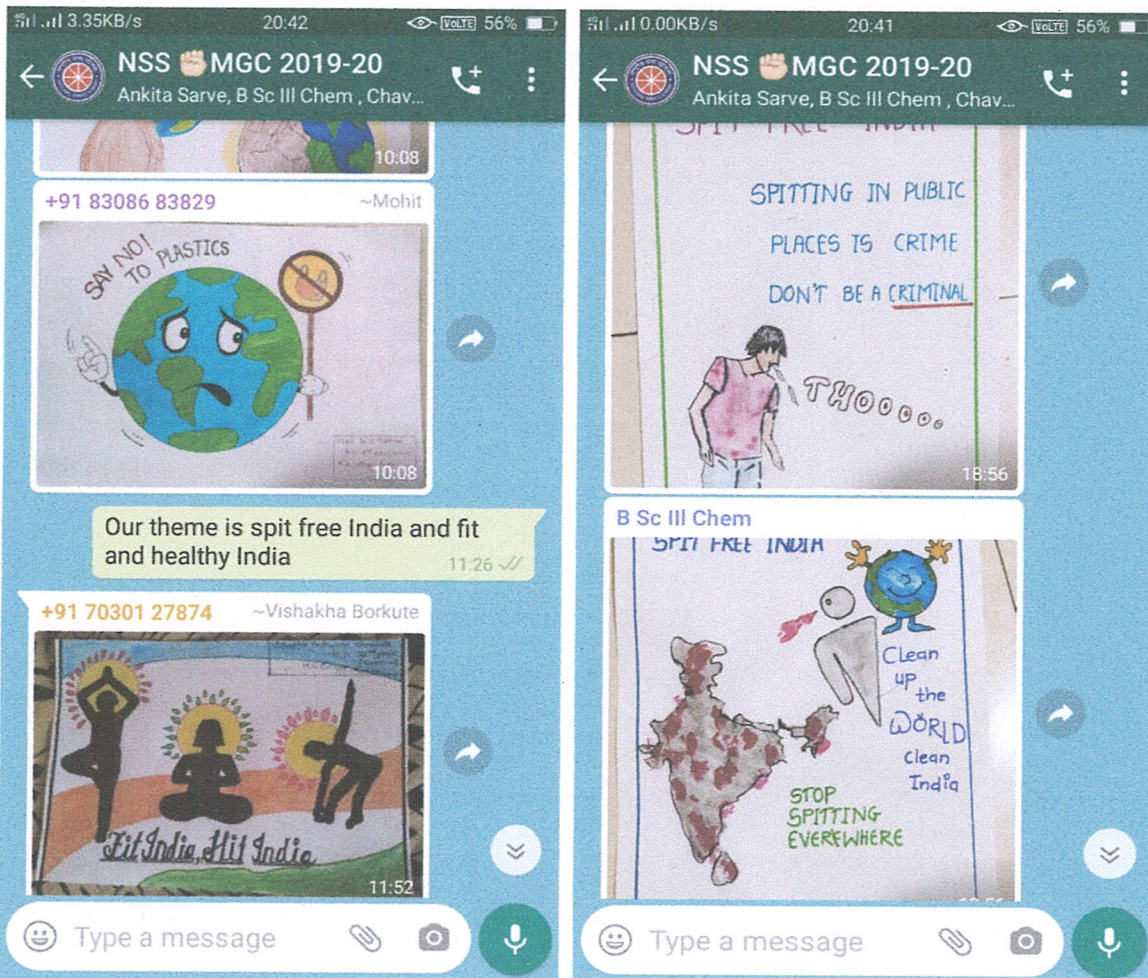
Name of Activity Organized	Healthy India Fit India
Title of Activity	Fit India campaign through exercise, morning walk , running and e- poster awareness campaign
Date of Activity Organized	24 September to 15 October 2020
Name of the Co-ordinator of Activity	Prof. Satendra M. Sontakke, Prof. Seema Nagdeve
Place of Activity Organized	online through WhatsApp NSS group
No. of Students Participated	08
No. of Faculty Participated	06
Name of Sponsoring Agency/ Collaborator	NA
Nature of Sponsorship/ Collaboration (Total Grants Received in Rs. If any)	
Objective of the Activity	To know importance of health fitness through, exercise morning walk and running and awareness through e poster
Brief Description	Activity was organized to sensitize community, students and staff about health fitness. It was organized online mode through WhatsApp to share activity photo and e posters. The students were guided by NSS coordinators about conducting activity through WhatsApp. Students made paintings showing various aspects to maintain healthy life and spread it online. Some students and staff performed regular exercise and shared their photos.
Outcome/Impact of the Activity	Students learnt the importance of morning walk and running as healthy habit in such a pandemic situation



  
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Poster prepared by student for spreading awarness about Pollution

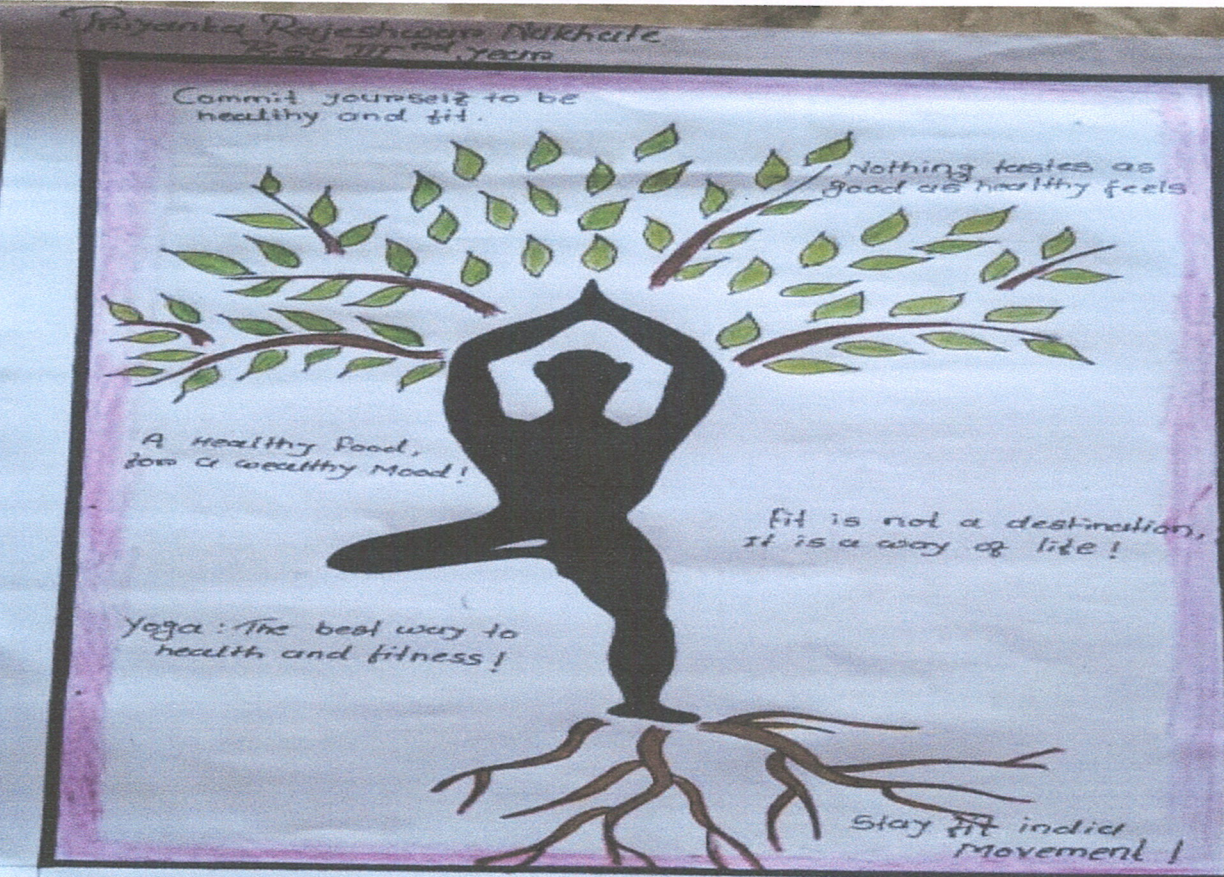
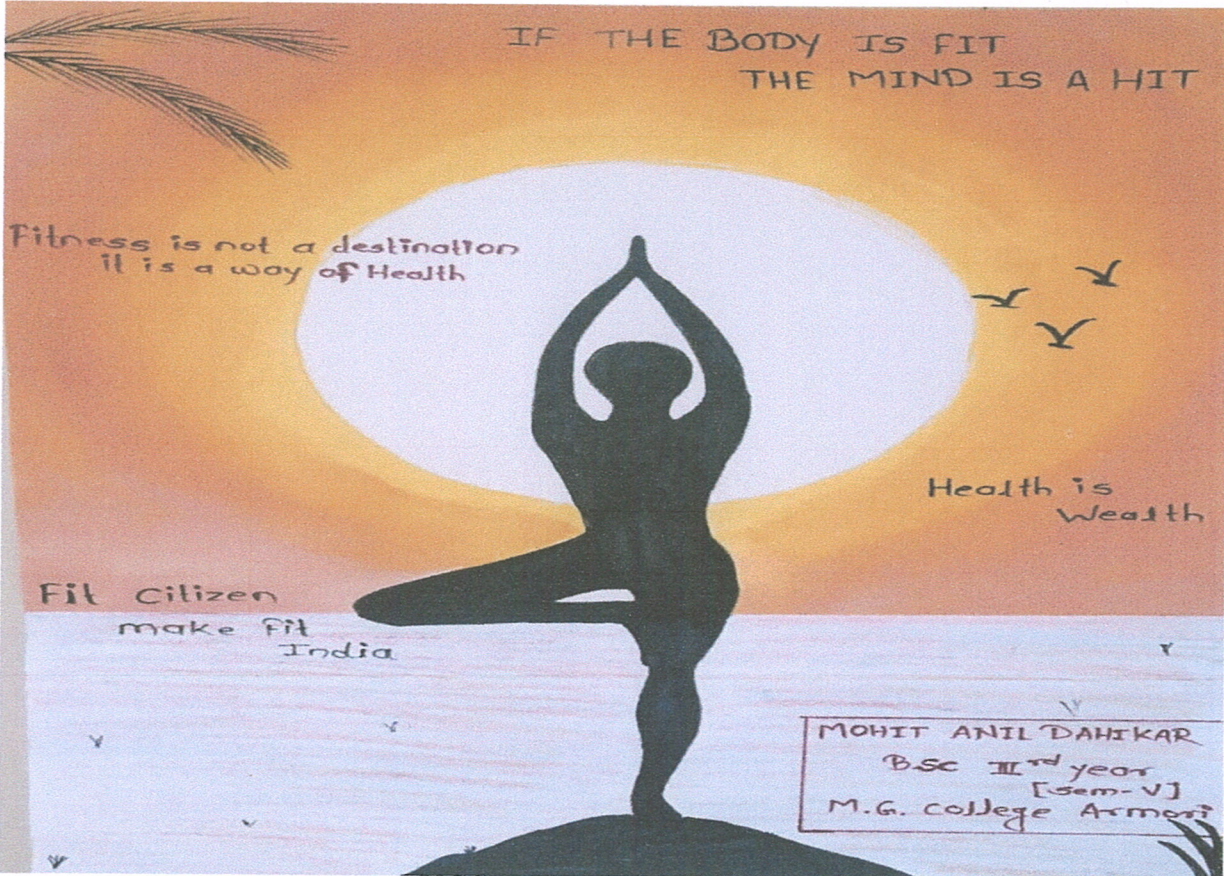


Poster prepared by student and spread awarness on WhatsApp Groups

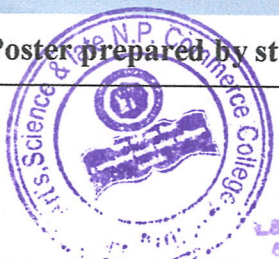
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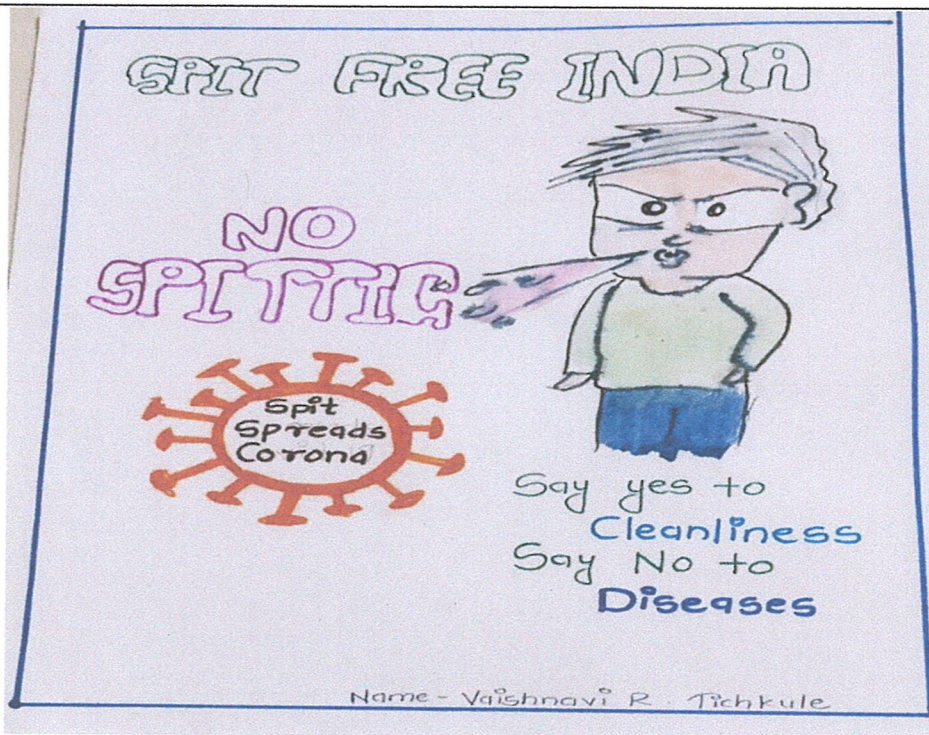
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Poster prepared by students for spreading awarness about Yog



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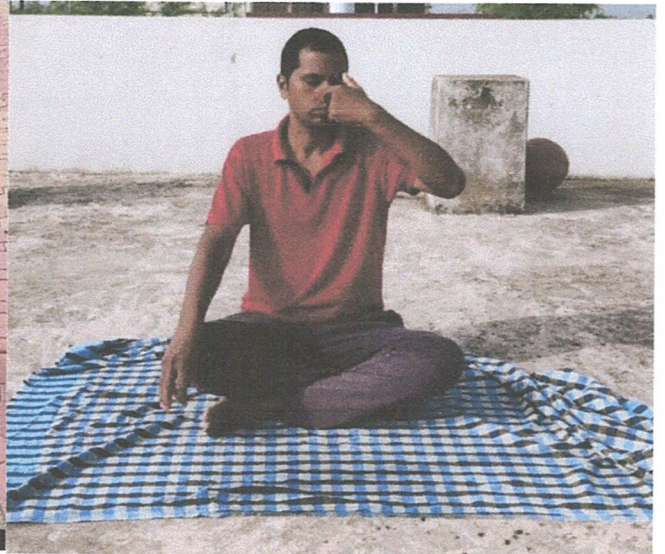
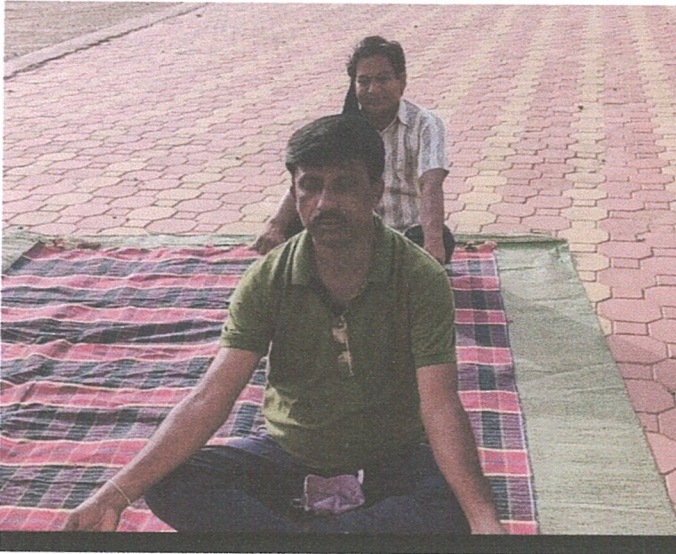
Poster prepared by students for spreading awareness about Spit Free India

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**Spreading awareness about Fit India Campaign through running**



**Staff performing Yoga**

  
Signature  
Coordinator  
(C.S.M. Sontakke)



  
Principal  
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**List of Participant**

- 1) Mohit Dahikar B.Sc. II
- 2) Priyanka Nakhate B. Sc. III
- 3) Vaishnavi Tichkule B.Sc. II
- 4) Vishakha Borkute B. Sc. III
- 5) Vaishnavi Tichkule B. Sc. II
- 6) Mohit Dahikar B.Sc. II
- 7) Suraj Chaudhari B. Sc. III
- 8) Vishal Jawnjalkar B. Sc. II
- 9) Prof. S. B. Gedam
- 10) Prof. S.M. Sontakke
- 11) Mr. Jitendra Bodele
- 12) Prof. Vaibhav Padole
- 13) Dr. N.D. Bansod
- 14) Prof. G.W. Borkar



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